

Little SHARES



Personal Wellbeing

Toilet Training and Oral Health

Sleep Regulation and Managing Behaviour



Ormskirk West End Primary School
Grimshaw Lane
L39 1PA

9:15 until 10:45 am

Tuesday 21st and 28th November,
Tuesday 5th and 12th December.

Early Years Matters

In Little SHARES, we understand that the key to happy, healthy children is a balance between nurturing their development and taking care of oneself. Our sessions are designed to promote quality bonding time between parents and their toddlers through fun and engaging activities. From arts and crafts to imaginative play, we provide a supportive environment for families to create lasting memories.

But we also recognise the importance of addressing essential topics. We offer informative sessions on toilet training, emphasising a gentle, child-centred approach. Oral hygiene is another crucial aspect, with practical tips for maintaining healthy smiles. We delve into the significance of regulated sleep patterns, helping families establish bedtime routines that ensure a good night's rest for everyone.

Boundaries are essential for both children and parents. Our group provides guidance on setting age-appropriate limits that foster independence and a sense of security. At Little Explorers, we're more than a toddler group; we're a community that celebrates the joys of parenthood while equipping families with valuable tools and knowledge for their journey ahead.

To book a place please contact your school directly or email;
emma.hart@shareslancashire.co.uk

