



P.E. LEARNING JOURNEY

Developing confident, active and healthy learners for life.

Respect

Resilience

Aspiration

EYFS

Autumn 1

Agility
Intro to P.E.
(Unit 1)

Autumn 2

Fundamentals
Intro to P.E.
(Unit 2)

Spring 1

Dance
Games
(Unit 1)

Spring 2

Gymnastics
Fundamentals
(Unit 2)

Summer 1

Team Games
Ball skills
(Unit 1)

Summer 2

Athletics
Ball skills
(Unit 2)

Year 1

Autumn 1

Fundamentals
Target Games

Autumn 2

Invasion Games
Yoga

Spring 1

Dance
Team Building

Spring 2

Gymnastics
Ball Skills

Summer 1

Striking and Fielding
Net and Wall Games

Summer 2

Athletics
Fitness

Year 2

Autumn 1

Fundamentals
Target Games

Autumn 2

Invasion Games
Yoga

Spring 1

Dance
Team Building

Spring 2

Gymnastics
Ball Skills

Summer 1

Striking and Fielding
Net and Wall Games

Summer 2

Athletics
Fitness

Year 3

Autumn 1

Swimming
Fundamentals

Autumn 2

Swimming
Yoga

Spring 1

Dance
Ball Skills

Spring 2

Gymnastics
OAA

Summer 1

Striking and Fielding
Volleyball

Summer 2

Athletics
Fitness

Year 4/5

Autumn 1

Fundamentals
Fitness

Autumn 2

Invasion Games
Yoga

Spring 1

Dance
OAA

Spring 2

Gymnastics
Striking and Fielding

Summer 1

Swimming
Cricket

Summer 2

Swimming
Athletics

Year 6

Autumn 1

Invasion Games
Fitness

Autumn 2

Net and Wall
Handball

Spring 1

Dance
Swimming

Spring 2

Gymnastics
Swimming

Summer 1

Striking and Fielding
Tennis

Summer 2

Athletics
Rounders