



Physical Education Curriculum Overview

Our PE learning journey across the school year

YEAR GROUP	AUTUMN TERM		SPRING TERM		SUMMER TERM	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS <i>Acorns</i>	Agility Intro to P.E (Unit 1)	Fundamentals Intro to P.E (Unit 2)	Dance Games (Unit 1)	Gymnastics Fundamentals (unit 2)	Team Games Ball skills (Unit 1)	Athletics Ball skills (Unit 2)
Year 1 <i>Beech</i>	Fundamentals Target Games	Invasion Games Yoga	Dance Team Building	Gymnastics Ball Skills	Striking and Fielding Net and Wall Games	Athletics Fitness
Year 2 <i>Elm</i>	Fundamentals Target Games	Invasion Games Yoga	Dance Team Building	Gymnastics Ball Skills	Striking and Fielding Net and Wall Games	Athletics Fitness
Year 3 <i>Maple</i>	Swimming Fundamentals	Swimming Yoga	Dance Ball Skills	Gymnastics OAA	Striking and Fielding Volleyball	Athletics Fitness
Year 4/5 <i>Willow</i>	Fundamentals Fitness	Invasion Games Yoga	Dance OAA	Gymnastics Striking and Fielding	Swimming Cricket	Swimming Athletics
Year 6 <i>Oak</i>	Invasion Games Fitness	Net and Wall Handall	Dance Swimming	Gymnastics Swimming	Striking and Fielding Tennis	Athletics Rounders